Aquaponics What You Need to Know

35th Florida Master Gardener Advanced Training Conference 2017

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Local Food Systems

Socially & Environmentally Responsible

More Food Safety Oversight

Economic Benefits to Local Communities







What You Need to Know

If you want to grow plants
 ~use hydroponics~

If you want to grow fish
 ~use aquaculture~





pH Optima for 3 Organisms

Hydroponic Plants = 5.5-6.5

Aquaculture = 6.5-8.5

N. Bacteria = 7.5-9.0





TAN = Total Ammonia Nitrogen

$$NH_4^+ = NH_3 + H^+$$

pH Determines Ammonia Equilibrium in Water

pH 6.5 7.5 8.5 NH₃ = $0.2\% \leftrightarrow 2\% \leftrightarrow 18\%$





Nitrifying Bacteria

• Nitrification converts toxic ammonia to nitrate

- $\bigcirc \mathbf{NH_3} + \frac{11}{2} \mathbf{O_2} \rightarrow \mathbf{NO_2}^- + \mathbf{H}^+ + \mathbf{H_2O}$
- $\circ \operatorname{NO}_{2}^{-} + \frac{1}{2} \operatorname{O}_{2} \to \operatorname{NO}_{3}^{-}$





Aquaponics Nitrogen Cycle



Figure 1. Nitrogen cycle in aquaponics.





What You Need to Know

- Fish density matters range 1/2 lb/gal to 1 lb/10gal
- **o** 1 lb fish / cubic feet (7.5 gallons) or greater
- High densities require experienced growers, backup pumps, a generator and 24 hour supervision
- Low densities you can go away for the weekend and not worry about the fish dying before you return





What You Need to Know

- No fish feed provides all the nutrients required by plants – calcium, potassium & iron are low
- Low fish density in home aquaponics will require supplemental fertilization with ¹/₄ strength hydroponic mix for optimum plant growth





pH Optima for 3 Organisms 6.5-7.0

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pH Affect on TAN Loss from Biofilters



Error bars represent \pm SE (n=8).





Aquaponic Systems







NFT

Floating raft

Bench Bed





Hydro - ponics = Water Working

• Indoor or outdoor systems

• Low or high tech systems

• Crop sensitive - feasibility considerations





Water & Nutrient Flow

• **Re-circulating systems**

• Flood and drain systems

Non-circulating systems

• Flow through systems





Media Systems vs Water Systems

- Water Using transplants with net pots or other means of holding plants in place as water flows around roots – water loving vegetables & herbs
- Media perlite, rockwool, coconut coir, peat, vermiculite (or combinations) & clay pebbles – most vegetables & herbs, using transplants





NFT – Nutrient Flow Technique











Home Made NFT / Aquaculture = Aquaponics



• Aluminum roof panels, multiple crops, solar powered





Aquaculture Requirements

- Keep the water circulating, it provides oxygen to the water and exercise for the fish
- Adding pumped oxygen is beneficial
- Solids filter and a place for nitrifyers to attach is recommended





FLOOD AND DRAIN









Floating Raft Leafy Salad Crops & Herbs











Leafy Salad Crops and Herbs

- o Bibb
- o Boston
- Red leaf
- o Green leaf
- Chicory
- o Romaine
- Escarole

- o Basil
- o Watercress
- o Mint
- o Swiss Chard
- Chinese Leafy
 Greens





Plant Requirements

- In general, plants that prefer well drained soils and most fruiting vegetables are best grown in media systems.
- Leafy salad crops and most herbs will adapt to either water or media systems.
- Choose crop varieties / growing seasons carefully warm/cool season veggies!





WATER SOURCES

• Pond water – nutrients are low - microbial, algae & critter contamination is high

• Well and municipal water sources are safest





FERTILIZER / NUTRITION

- Using natural and organic materials can be problematic
- Water soluble hydroponic fertilizer and Epsom Salts are the easiest to work with using soluble salt meters
- 10% of the protein in fish feed becomes nitrogen in the water!
- Sunlight + Nutrient water = algae





Water Quality Measurements

pH
Soluble Salts
Ammonia
Oxygen
Alkalinity
Nitrate







So Why Aquaponics ?

• The Nitrogen Budget!

- Fish produce large amounts of harmful ammonia nitrogen as waste.
- Nitrifying bacteria change it to beneficial nitrate nitrogen for the plant.
- 100 lbs of fish will supply enough nitrogen for 4,050 lettuce plants or 540 tomato plants.





So Why Aquaponics ?

• The Water Budget!

- Plants transpire large amounts of water (1pt 6 qt/plant/day)
- Aquaculture replaces 5 to 10% of tank water/day to maintain quality
- Properly designed aquaponic system minimizes water discharges to the environment





Crop and Fish Choices

• Leafy salad crops, herbs, tomato, pepper, cucumber and strawberry

 Tilapia, catfish, rainbow trout, largemouth bass, yellow perch, bluegill, Barramundi, koi and other ornamental or bait fish





Summary Need to Know

- Hydroponics/Aquaculture = Aquaponics
- Fish density matters > 1 lb. fish/cubic ft water (7.5 gal)
- Low density means supplemental fertilization
- Fruiting crops prefer well drained media systems while leafy crops tolerate water systems
- Tilapia are the easiest fish to grow but stop feeding at 60F and die at 40F



